PACKING LIST to stay warm and dry!

POST can provide gear needed!

* ***Packed lunch for the******first day***
* ***Sleeping Bag Rated 30 degrees or below***
* ***Insulated Sleeping pad***
* ***Winter Coat & Snow Pants (not needed but are very comfortable) RECOMENDED!!***
* ***Warm Coat (try to avoid down)***
* ***Raincoat/Rain pants***
* ***Fleece or Polyester Sweater(s)***
* ***Warm Gloves***
* ***3 Base Layer Shirts (wool or synthetic ideal, NO COTTON)***
* ***3 Pairs of Pants (no jeans or sweatpants)***
* ***3 Pairs of Warm Socks (or more)***
* ***Long Underwear (wool or polyester)***
* ***Warm Hat***
* ***Boots or Heavy Shoes***
* ***Water bottle***
* ***Flashlight or headlamp with extra batteries***
* ***Whistle***
* ***Toiletries***
* ***Pocket Knife (the blade must close)***
* ***Rope (50-100 ft. ¼ inch or less thick)***
* ***3 Small Candles***
* ***Matches***
* ***First Aid Kit (only bring what you know how to use)***
* ***Eating Utensils***
* ***MESS KIT***
* ***3 Large Garbage Bags (heavy duty)***
* ***Backpack or duffel (big enough to fit all your stuff)***